

| **~ Ongoing Monthly Calendar 2023 ~** |
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| **Mon** | **Tue** | **Wed** | **Thu** | **Fri** |
| **School\***10:00 – 2:00 | **Music and Movement (in person only)**2:30 – 3:30 | **School\*** 10:00 – 2:00**Food for Thought** 10:30 – 11:30 | **Let’s Get Connected** 11:00 – 12:00 |  |
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**ALL PROGRAMS MARKED WITH AN \* REQUIRE PRE-REGISTRATION. PROGRAMS ARE FOR ROSE OF DURHAM CLIENTS. IF YOU ARE NOT A CLIENT, PLEASE BOOK AN INTAKE WITH RECEPTION.**

**WE ALSO OFFER THE FOLLOWING PSYCHOEDUCATIONAL PARENTING AS WELL AS LIFE SKILLS PROGRAMS AND WORKSHOPS: NOBODY’S PERFECT, MAKE THE CONNECTION, EARLY CONNECTIONS, FUN WITH BABY, WHAT A DIFFERENCE A DAD MAKES, SCHOOL READINESS, COOKING CLASS, INFANT MASSAGE. PLEASE CONTACT YOUR COUNSELLOR FOR MORE DETAILS ON THESE PROGRAMS .**