ROSE GARDEN



At the Rose of Durham, our first priority has always been to support young parents and their children. The make-up of these families may have changed over the years, but our passion for helping our clients to raise happy, healthy children has never wavered. Statistically, Canada has seen a significant increase in nontraditional families since the early 2000s. 'Intact Families' (or more appropriately 'Traditional Families') are defined as a married, heterosexual couple and their biological children. In 2011 however, nearly 13% of all couples with children were defined as 'Blended Families'.



Blended families are exactly what the name implies: a family where one or both parents bring their biological children from previous relationships into the new relationship, thereby blending the families. Blended families are challenging but surely no less 'intact' than other family types. With increasing trends in divorce and common-law partnerships, we as a society are seeing and serving more and more unique family structures from 'Skip-Gen' families (children living with grandparents), to children raised by extended family, and those living in foster care. Indeed at the Rose we have served clients from all walks of life and we will continue to serve the members of Durham Region without discrimination of any kind.

The bottom line, is that a family can be any combination of parents and children where there may or may not be blood, but there is more than enough love.



Rose of Durham Community Picnic

Spring is just around the corner and with it comes good food and fun in the sun! Come and join the Rose of Durham for a fantastic day on Saturday May 28th at Memorial Park in Oshawa. We encourage you to join us from 11am until 3pm to enjoy live music, exotic animals, face painting, balloon twisting, jumping castles and so much more! All activities are free, with the exception of the BBQ where minimal fees apply.

A full list of our generous sponsors can be found on our website.

We hope to see you there!

For more information, contact the Rose of Durham at <u>905-436-3622</u> or find us on Facebook.



Donations Accepted!

Rose of Durham gladly accepts non-perishable food items, clothing for young women, and children (size 2 and under). In some instances we can accept toys and equipment, please contact the office first to enquire. If you have another item or service you would like to donate in-kind please call the office to discuss or enquire as to special needs the agency may have.

Want to be involved with the Community?

The Rose of Durham offers many opportunities to volunteer and help make a difference! Connect with us today to find out how you can contribute.

Rose Garden is a quarterly publication produced by Rose of Durham.

Content may not be reprinted without permission. Permission for reprint, as well as suggestions and comments can be sent to:

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To enquire about board nominations please contact the Executive Director.

Rose of Durham is funded through the generous support of individuals and organizations. Major contributors include:











GROW A GARDEN, GROW FUN!

Eating fresh food is great for you, but planting your own food can be therapeutic and fun for yourself and your children. Watching a seed grow tall into a tomatoe plant and then being able to use that tomatoe, or sharing with friends and family is satisfying. Even if you have limited space, there are lots of things that you can easily grow.

- Tomatoes (especially cherry tomatoes for a great snack and plentiful yield)
- Radishes
- Lettuces (which can be continually trimmed to keep producing all summer)
- Strawberries
- Peas
- Many kinds of herbs
- Cucumbers

Not only is this an investment in sustainable food but there are many lessons to be learned. Save money by harvesting your own foods, increase your time outside, gain a sense of pride, and be able to enjoy that you know where your food is coming from. Let us know on Facebook what you are planting this year, or send us photos of your edible plants! Not sure where to start? Check our Pinterest page for some fresh ideas and tips on growing your own.





The essential services we provide are made possible due to the support of our community. Sincere thanks to: Ron & Lillian Dancey, Faith United Church Women, Kenneth & Mariafe Graves, St. Mary of the People Catholic Women's League, Brian Reel, Youth Connections Inc., Tess Pierce, Patricia Jardin, William & Willhelmina Boxtel, Mark Smegal, The Kinsmen Club of Pickering, Patricia Ashton, Neil & Annette Bocking, Ontario Power Generation, Toronto Western Hospital & Glenys Foster Roberts & Kariann Dale (in memory of Cristina Pineda), Mom Café (April Patch), Haseldon Bookkeeping, K. S. Pike, Helen Wright, Yvonne Majoor, Natividad Nash,

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A Very special thank you to St. Leo's church in Brooklin for raising \$1,780 in their Baby Bottle Boomerang Campaign! For information on how you can run a similar campaign to raise funds contact us!



St. Mary of the People Council 8611—\$1,000 Father John T. Bolger Council 6161—\$500

St. Therese Council 11079—\$3,500

St. Isaac Jogues Council 11098—\$750

We also gratefully recognize funding provided by:

- ⇒ Resources for Exceptional Children and Youth for providing the funds for our Executive Director and Clinical Supervisor to attend the Children's Mental Health 2015 Conference
- ⇒ Durham Region Children's Aid Society for the their continued funding and support of our 'Basic Connections' & 'What a Difference a Dad Makes' parenting programs
- ⇒ CHUM Charitable Foundation for supporting the costs associated with our Christmas Party
- ⇒ Metro through their Green Apple grant for supporting nutritional meals for our Teen Mom School Program
- ⇒ Price Waterhouse Cooper for a grant to support our Executive Director in her goal to obtain a Human Resources Certificate

"We make a living by what we get, we make a life by what we give"

~ Sir Winston Churchill

Please note that the Spring newsletter acknowledges donations received from November 2015 to January 2016.

