

ROSE GARDEN

Rose of Durham
YOUNG PARENTS SUPPORT SERVICES

Rose of Durham is now a proud member of Children's Mental Health Ontario

What does this mean? Rose of Durham has been working towards providing evidence based programs that are defined as targeted interventions.

Our goal: optimum mental health for parents and children.

Poor mental health, especially in children under the age of six, can have long term negative impacts.

Many of the symptoms and problems associated with toxic stress and poor infant mental health are not recognized until children enter school.

Our organization will now play a pivotal role in identifying parents and children at risk and offering targeted interventions to reduce the likelihood of long term negative effects and increase the probability of positive long term trajectory.

ROSE OF DURHAM COMMUNITY PICNIC!!!

SAVE THE DATE!!!

Saturday, May 30, 2015
11 a.m. to 3 p.m.
Memorial Park, Oshawa

EVENT HIGHLIGHTS

- Leggo Trio performs at 11 a.m., 12 p.m., and 1 p.m.
- City of Oshawa Fire Truck Visit at 1 p.m.
- Oshawa Garden Club Planting Make n' Take Activity
 - Face painting by Sunflower the Clown
 - Interactive animal station by Hands on Exotics

Also featuring a bouncy castle, inflatable slide, carnival games, glitter tattoo's, hair chalk and BBQ!

All events are FREE (nominal cost for BBQ)

Join us on June 11, 2015 at 5:30 at our main office for our Annual General Meeting

FundScrip

Help us raise money and join our gift card fundraiser!

What is the FundScrip fundraising program?

Fundscrip is an innovative program that lets you earn cash rebates for our group based on things you buy everyday like groceries, gas and other household items.

Every month you spend hundreds of dollars for things like food, gas, clothing, pharmacy, restaurants, electronics, home renovations, department stores, and so on.

All you have to do is pay for some or all of your purchases using GIFT CARDS bought at face value from FundScrip participating retailers and a percentage of every gift card purchased is contributed to our group's fundraising efforts. So instead of paying with cash or a debit card, you use a gift card that you purchased through our group. It costs you nothing extra but you just earned money for our organization.

How to Order Your Gift Card & Support our Group

Visit the FundScrip website at www.fundscrip.com and click on the "Sign Up" button located on the top right hand corner and fill in the required information.

Here's our group's Invitation Code

R6JZQN

Once you have completed the sign up process, you will be sent a confirmation email. Click the link in the confirmation email to complete your registration.

Now you are ready to login, place orders and start supporting our group!

Have your gift card order mailed to you directly!

- You can order your gift cards online any time and have them shipped to your home address for \$0.73 (includes taxes).
- You pay this \$0.73 when you checkout your order.
- There is a four (4) gift card limit in each order and a \$500 maximum value of the cards.
- Orders are processed four (4) days a week (Monday through Thursday) at 9:15 am ET once payment has been confirmed.

Payment methods available to you

- **Electronic Funds Transfer (EFT) - FREE**
Requires completed application form and void cheque sent to FundScrip to be activated.
- **Interac Online** - earnings reduced by \$0.85 per transaction for those with accounts at the following financial institutions: RBC Royal Bank, BMO Bank of Montreal, ScotiaBank and TD Toronto Dominion
- **Credit Card** (earnings are reduced by 1.99%)
- **Online Banking Bill Payment - FREE**
Pay for your orders as you would pay any other bill. There are no fees or deductions to earnings for using this payment. Please note that it can take at least three (3) business days for FundScrip to receive payment

Ask family & friends to support our group too!

We encourage everyone to invite their family members, friends, co-workers and neighbors to participate in our FundScrip gift card fundraiser as well.

Do you have any questions? Please contact:

Janet Chappelle, 905-432-3622 Ext 228

Learn more at www.fundscrip.com

The Power of Partnerships



Dear Santa Holiday Hunt— Fun for all and a Huge Success!

Seeking out treasures for the holidays, it was a community scavenger hunt that found Christmas for plenty of children. Called Dear Santa Holiday Hunt and Charity Evening, teams of four scoured Durham Region, partaking in wacky activities - from singing Christmas carols at restaurants to staging their own version of the nativity scene - while helping fill Santa's sack for families in need.

After hours on the roads, the teams gathered at the Whitby Yacht Club, and enjoyed an evening of dinner, prizes, music and dancing, all in the name of a good cause. Proceeds (\$2000) supported the Rose of Durham. And while these "elves" were far from Santa's workshop in the North, they definitely worked hard to bring smiles to many, many families this year.

My name is Sue and this is my story:

In 1991, I walked through the doors of the Rose of Durham at the age of 17 and it forever changed my life. The Rose became my second home.



As a teen, with a grade 8 education, and little hope. The Rose began to remold me into the person I am today. I took every class and program offered and started to set both educational and life goals.

Now, more than 22 years later, I have two college diplomas, a successful career, I have been sober for 20 years. I am married and have 3 children, a home and a wonderful life, that all started when I walked through those doors.

The Rose of Durham will always hold a special place in my heart and I will be forever grateful for their support back then, and for believing in me, when no one else did.

Rose Garden is a quarterly publication produced by Rose of Durham.

Content may not be reprinted without permission. Permission for reprint, as well as suggestions and comments can be sent to:

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Rose of Durham is funded through the generous support of individuals and organizations. Major contributors include:



Our Vision
A community that accepts, encourages, and empowers young parents.



Staff Spotlight

Rose of Durham would like to introduce its Clinical Supervisor—Anna Aitchison! Anna has been with the Agency for 6 years and has worked tirelessly to help implement the evidence based program stream that played a crucial role in the agency obtaining membership with Children’s Mental Health Ontario.

Anna continues to work towards growing the agency by developing formal evaluation processes for all of our programs. She is well respected by her peers, both internal and external, and we are darn proud (and lucky) to have her on our team.

Stories from the heart (Page 3) and many more like it are made possible due to the support of our community. Sincere thanks to: St. Joseph’s Catholic Women’s League, Ontario Power Generation, St. Mary of the People Catholic Women’s League, Mr. and Mrs. Neil Bocking, John Vandersanden and Family, Faith United Church Women, Brian Reel, Mr. and Mrs. MacAlister, Mr. and Mrs. Boudignon, Kiwanis Club of Sydenham, Wilmot Creek Knit and Knatters, Robert Weindorfer, K.S. Pike, Mr. and Mrs. Jesty, Kingsview United Church Women, Mr. and Mrs. Vernoy, CAW Local 1136, Manulife Financial, St. Georges Ukranian Catholic Church, Mrs. Mary Helen Barnes, Mr. & Mrs. Gazrek, Kerry Siegele, Anna Muller-Chang, Tracy Robertson, Mr. & Mrs. Kudla, Mr. & Mrs. Vernoy, Bogdan Lisecky, Evelyn Hryciuk, Mark Smegal, Natividad Nash, Mr. and Mrs. Dancey, Conpute and their staff, Telus Mobility, North Oshawa Lions Club, Councillor Lorne Coe, Durham Elementary Teachers’ Federation of Ontario, Kathryn Pellerin, Tracy’s Hair Studio, Susan Hasledon, Bob Abrey, OECTA Durham Secondary, and St. Leo’s Church Brooklin.



“No act of kindness, no matter how small, is ever wasted” ~ Aesop

St. Isaac Jogues Council 11098—\$750
St. Joseph Council 9989—\$462.63

We also gratefully recognize funding provided by:

- ⇒ The Peterborough Family Resource Centre for continuing to fund the breakfast and lunch program for our Teen Mom School Program
- ⇒ The Derick Brennismeyer Charitable Foundation
- ⇒ The William F. Hayball Charitable Foundation for continuing to fund our Mommy and Me peer support group
- ⇒ Resources for Exceptional Children and Youth for providing the funds for staff to attend the Children’s Mental Health Conference in April of 2015
- ⇒ Durham Children’s Aid Society for funding the What a Difference a Dad Makes and Basic Connections parenting programs
- ⇒ Chum City Christmas Wish for supporting our annual Christmas Party

Please note that the Spring newsletter acknowledges donations received from November 2014 to January 2015.

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