

Sadie and Corey

In Their Own Words

1. How old were you when you became a mother for the first time?

I was 19 years old.

2. How did you feel? I was terrified and unsure as to what to expect. It wasn't something that was planned.

3. What challenges have you faced? Trying to balance school and raise a child. I felt like I had to prove myself to everyone. I felt like I was looked

down upon for being a young parent, which had nothing to do with my ability to parent and everything to do with my age.

4. How has your life changed? My confidence as a parent has increased. By attending programs and groups at the Rose of Durham, I didn't feel alone. I saw other moms like myself. I was able to create a support network and build lasting friendships.

5. What programs at Rose of Durham did you attend and why? I first came looking for a school program to complete my grade 12 English. I also needed support for myself, as my only supports (my parents) were two hours away and my partner's parents were not supportive of the pregnancy. The Rose was always great at offering me individual support and group support. My husband and I, who were broken up at the time, took the Partner's In Parenting group. That group taught us how to communicate, how to put our son first, and how to recognize the other person's position, so much so that we got back together, got married and had another child.

6. How did these programs help in your role as a parent? These programs changed my perception on things in a big way. My partner and I were able to parent from the perspective of what works best for the child. We built a greater understanding of why kids behave the way they do and as a result built our own patience. Our relationship survived because of the support that was offered to myself and my partner.

7. How did your involvement with the Rose of Durham help you as an individual? The emotional and mental support by the counsellors helped motivate me through difficult times. I was able to adapt well to changes with their support.

8. In your view, what is your greatest success? Completing not only high-school, but also post-secondary is my greatest success. Now I can have a career.

9. Did Rose of Durham contribute to your success? YES!

Rose Garden is a quarterly publication produced by Rose of Durham.

Content may not be reprinted without permission. Permission for reprint, as well as suggestions and comments can be sent to:

Janet Chappelle, Editor
jchappelle@roseofdurham.com

Executive Director:
Janet Chappelle
Office Manager:
Deneen Nolte

Board of Directors
Tina Komel, President
Alya Al-Joundi, Vice President
Leah Anderson, Treasurer
Directors
Isabel Khalaf
Carloyne Willoughby
Carlos Cortes
Jacqueline Spencer
Lyndal McDonnell
Sonia Hector

To enquire about board nominations please contact the Executive Director.

Rose of Durham is funded through the generous support of individuals and organizations. Major contributors include:



Our Vision

Encouraging and empowering young parents and their children towards a future built on positive mental health

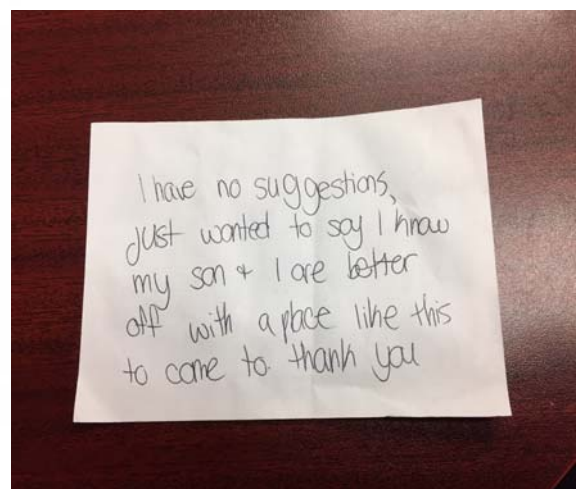


STAFF SPOTLIGHT

Catherine Hill has been with our agency since 2005, serving in many roles, and transitioning through the many changes in strategic direction. At the heart of everything that Catherine does is young parents and their children.

So much so, that Catherine took time off this year to travel to Kingston, Jamaica to volunteer her time for one week with the Missionaries of the Poor in their centres. She offered her services providing care and support in the two women's centres and the children's centre. Below are some pictures of her time there.

We are lucky to have someone like Catherine on our staff, as one of our colleagues, and most importantly the community we serve is lucky to have her.





Holiday Hope Hampers 2016!



Yes, we know it's early, but it's never too early to give someone HOPE! So it's time to start planning for the 2016 Holiday Hope Hampers.

In 2015 this program, with the assistance of the community and Dear Santa Durham (more on that later), Rose of Durham and Santa's helpers were able to ensure that **75** families in need had a Merry Christmas.

The toys, gift cards, groceries and other requested items provided by a caring community, along with an army of donors makes celebrating the Holidays a little less stressful when your biggest worries are related to living in poverty, obtaining your next meal, and where you are going to lay your head.

While the program will not formally begin until later this fall, please consider becoming, or returning as a donor.

If you are interested, please call the office at 905-432-3622 and put your name on the list.

You will be contacted in early November and provided with your family profile and wish list. *Please note that in order to protect the privacy of our clients, all hampers are delivered by our staff.* However, the donor does receive a thank you card from the client, via the Agency.

How else can you support this great cause, and have fun? Why not



participate in the Dear Santa Holiday Hunt?

Last year teams of four scoured

Durham Region, seeking out treasures for the holiday. It was a community scavenger hunt that found Christmas for plenty of families.

The teams visited various sponsoring locations across Durham in a race against the clock, and partook in some wacky activities, from singing Christmas carols to strangers in a restaurant, to taking photos in a store display with manequins, all while helping to fill Santa's sack for families in need.

After 2 hours on the road everyone gathered at the Whitby Yacht Club and enjoyed dinner, prizes, music and dancing. There was even a visit from the man in red! All in the support of **Rose of Durham.**

Planning for this year's hunt is already underway. This year's event will be held on **Saturday, November 26 at The Whitby Yacht Club.** Watch our webpage www.roseofdurham.com and of course join or visit the Dear Santa Durham Facebook page [https://www.facebook.com/](https://www.facebook.com/dearsantadurham)

dearsantadurham for more information and to take a peek at some of the fun we all had last year. Tickets are \$64 each. Tickets will be available for purchase online and in person.



Anna Aitchison and Catherine Hill (Staff) at last years event

Excitement is building as we plan this year's Victorian Tea, our 23rd Annual! Our goal is to raise \$23,000, while ensuring our guests have a memorable and fun evening. This is only possible through the generosity of our private and corporate donors and the support of our Victorian Tea guests.

You can Christmas shop among the available baskets while enjoying handmade sandwiches, sweets and some delectable teas. Back by popular demand Honey & Tea Café and our wine bar!

Who knew giving back could be so much fun? HOPE TO SEE YOU THERE!

THIS YEAR WE ARE MOVING TO THE JUBILEE PAVILION!!
Lots of parking Same great event.

TICKETS ON SALE NOW!

Victorian Tea & Gift Basket Draw
November 15, 2016

Doors Open at 6 PM
Event Begins Promptly at 7 PM
The Jubilee Pavilion
55 Lakeview Park Avenue
(Simcoe & Lakeview Park)

Call 905-432-3622 to Order Tickets
\$25 Each

The essential services we provide are made possible due to the support of our community. Sincere thanks to: Brian Reel, Institute of Power Engineers, Ontario Power Generation, Kingsview United Church Women, Father Fenlon Catholic School, Country Music Club of Oshawa, Mary Norton, Courtney Stoffers, Philip & Donna Syperek, Linda Young-Barrett, Rotary Club of Ajax, Sean Muldoon, Gillian Leask, Anderson Collegiate Vocational Institute, Telus, Father Leo J. Austin Catholic Secondary School, Durham Alternative Secondary School, Monsignor Paul Dwyer Catholic High School,



“We make a living by what we get, we make a life by what we give” ~ Sir Winston Churchill



Holy Redeemer Council 11729—\$734.75
St. John the Evangelist Council 4895 \$200

Father Penny Legion Council 8309—\$1000
St. Leo's Council 11528—\$1000

We also gratefully recognize funding provided by:

- ⇒ HRDSC for funding our Resource Development Coordinator position that is instrumental in the success of our Victorian Tea
- ⇒ The Ontario Trillium Foundation for funding our Group Worker position.

“If a community values its children it will cherish their mothers” ~ Bowlby

Please note that the Fall newsletter acknowledges donations received from May to July 2016.

200 Bond St. W., Oshawa, ON L1J 2L7 PHONE: 905-432-3622 FAX: 905-432-3974
SATELLITE OFFICES: Durham North: 905-410-3622 • Ajax - Pickering: 289.385.1160
EMAIL: roseofdurham@roseofdurham.com • WEBSITE: www.roseofdurham.com

Rose of Durham
YOUNG PARENTS SUPPORT SERVICES